recommended ages: 4-7 years old

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Where our food grows

a fun and interactive game for kids to help them understand where different fruit and vegetables grow



Where our food grows

Objective:

The game aims to educate children aged 4-7 about where various fruits and vegetables grow – on trees, bushes, under the ground or on vines.

Materials Needed:

- Print pages 3, 4 and 5
- Objects that represent the different growing locations such as curtains, buckets, shelves and chairs)
- Tape
- Scissors

What can kids learn from this game?

- Hands-On Learning: This game offers tactile exploration, which enhances understanding and retention.
- Spatial Awareness: They grasp the concept of where things are in relation to their surroundings.
- Botany Basics: Early exposure to plant growth helps build a foundation for understanding nature.

Setting Up:

Cut out the fruit and veggies and place them in the room as follows:

- Orange, pear and cherry on shelves to represent trees
- Strawberry, bell pepper and blackberry on chairs (or places lower than shelves) to represent bushes
- Grape, green bean and tomato on curtains to represent vines
- Carrot, potato and beetroot under buckets or rugs to repredent the ground.

Instructions:

Gather the children in a circle and introduce the game using the poem provided. Explain that different fruit and vegetables grow on different places. Explain that they'll be detectives, searching for fruits and vegetables in the room and placing them where they belong on the poster.

Gameplay:

Have the children take turns being detectives to find the fruits and veggies. Once they find one they will place it in the corresponding section on the poster. Do not correct them even if it is placed in the wrong location.

Discussion and Learning:

After all the fruits and veggies were found and placed in the poster have a talk to understand why the kids put certain fruits and veggies in each location. Encourage kids to explain their reasoning and thoughts and explain to them if the location is incorrect and why is that.

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fruit and vegetables to be cut out

FRUIT AND VEGETABLES THAT GROW ON TREES:







FRUIT AND VEGETABLES THAT GROW ON BUSHES:







FRUIT AND VEGETABLES THAT GROW ON VINES:

FRUIT AND VEGETABLES THAT GROW UNDER THE GROUND:







Where our food grows

Poem for kids

In a garden so grand, where wonders abound, We play a fun game, let's gather around! Apples on trees, they reach for the sky, Carrots hide low, where the soil's snug and dry.

Berries on bushes, like jewels they gleam, A colorful treat, a delicious dream. Cucumbers on climbers, they twist and twine, In this world of nature, let's seek and find!

With laughter and joy, our knowledge will grow, As we discover where these treasures bestow. In this playful quest, with each turn we embark, We'll learn where food grows, it's a wonderful spark!